

Supplementary Material

eTable 1. Prevalence ratios with 95% confidence intervals for the change in lifestyle risk behaviours over time and by lockdown status and gender

	High SSB intake	High Discretionary food intake	Insufficient fruit intake	Insufficient vegetable intake	Insufficient sleep	Excessive recreational screen time	Insufficient Physical activity	Alcohol use	Tobacco use
Change over time	0.83 (0.58-1.18)	0.97 (0.86-1.09)	1.50** (1.26-1.79)	1.01 (0.97-1.06)	0.74** (0.68-0.81)	1.06** (1.03-1.11)	1.03 (1.00-1.07)	4.34** (2.82-6.67)	4.05** (1.86-8.84)
Lockdown v not	0.61* (0.39-0.98)	0.73** (0.64-0.83)	1.07 (0.82-1.40)	0.99 (0.90-1.09)	1.00 (0.84-1.19)	1.04 (0.97-1.11)	1.04 (0.96-1.13)	1.66 (0.84-3.27)	0.37 (0.12-1.16)
Female v Male	0.79 (0.46-1.36)	1.03 (0.80-1.33)	0.95 (0.78-1.16)	1.03 (1.00-1.13)	1.24** (1.10-1.41)	1.04 (0.99-1.09)	1.03 (0.94-1.12)	2.34* (1.19-4.62)	1.63 (0.55-4.88)

Note. SSB=sugar sweetened beverage, *Indicates significance at p<0.05; **indicates significance at p<0.001.