Supplementary files

Quantifying contact patterns: development and characteristics of the British Columbia COVID-19 population mixing patterns survey (BC-Mix)

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S1 Table: BC-Mix variable names and definitions

Domain	Variable	Definition	Included in follow up? (Yes/No)
Demographic ir			Yes (First name, last name, E-mail only)
	Age, sex, gender, ethnicity, first name, last name, personal health number, postal code, employment status, education, occupation	Age, sex, gender, ethnicity, first name, last name, E-mail, personal health number, postal code, employment status, education, occupation of respondent	
	Number of adults living in respondent's household Number of children living in	How many adults live in your household? How many children (under 18 years) live in your	
	respondent's household	household?	
Perceptions and	l attitudes around COVID-19		No
	Satisfaction with provincial COVID-19 response Knowledge of COVID-19	How satisfied are you with how COVID-19 has been managed in the province? How much do you know about COVID-19?	
	Attitude to COVID-19 #1 Attitude to COVID-19 #2 Attitude to COVID-19 #3	To what extent do you agree or disagree with the following statements? - 1) COVID-19 would be a serious illness for me if I caught it 2) I think I am likely to catch COVID-19 3) If I don't follow government advice, I might spread COVID-19 to someone who is vulnerable. 4) My boss expects me to work when I am feeling unwell or sick 5) If I could not work because of COVID-19, I would still get paid 6) If I had to isolate myself for 14 days because of COVID-19, I would have enough food and supplies for 14 days 7) If I had to isolate myself for 14 days because of COVID-19 Someone else would be able to look after my children How effective do you think the following are at slowing the spread of COVID-19? -1) Meeting up with fewer people than normal 2) Avoiding crowded spaces 3) Staying at home for 14 days if you have Severe symptoms (e.g., severe cough or high temperature).	
	Attitude to COVID-19 #3 Attitude to COVID-19 #4	of face-to-face interactions with other people as a result of the COVID19 pandemic?	
		How well do you think you are doing at keeping physically distanced from people outside your home?	
	Attitude to COVID-19 #5	How concerned are you personally about the spread of COVID19?	
Attitude toward	COVID-19 vaccine		Yes
	Vaccination status (1st or 2nd shot)	Have you received the COVID-19 vaccine (either 1st or 2nd shot)?	
	Date of 1st shot	When did you receive your 1st COVID-19 vaccine shot?	
	Vaccination status (2nd shot)	Have you received your 2nd COVID-19 vaccine shot?	

Perceived risk Ibelieve I am at risk of becoming infected with COVID-19.		Date of 2nd shot	When did you receive your 2nd COVID-19 vaccine	
Perceived susceptibility Perceived protection 1				
of getting COVID-19 (e.g., risks at my work, recreational activities, people I live with, etc.) Perceived protection 1		Perceived risk		
Perceived protection 1		Perceived susceptibility	of getting COVID-19 (e.g., risks at my work,	
chance of getting seriously ill from COVID-19. Trust I do not trust the COVID-19 vaccine. Effectiveness I am concerned about the effectiveness of the COVID-19 vaccination. Safety I am concerned about the safety of the COVID-19 vaccination. Subjective norm 1 Most of the people I know are getting or have received the COVID-19 vaccine. Subjective norm 2 Most of the people who are important to me (my family, relatives and/or friends) think I should get the COVID-19 vaccine. Access If I choose to get the COVID-19 vaccine, I believe it will be easy to get it. Intention I plan to get the COVID-19 vaccine. COVID-19 testing and results, symptoms, and health behaviours COVID-19 testing and results, symptoms, and health behaviours COVID-19 testing and results, symptoms, and health value of following symptoms? Check all that apply: headache, fever, stuffy nose/congestion, loss of smell or taste, new or worsening cough, difficulty breathing/shortness of breath, confusion, vomiting, chills, weakness, muscle pain, fatigue, nausea, diarrhea Date of first symptoms When did your first symptom start? (date) Action following symptoms When did your first symptom start? (date) Have you done any of the following for these symptoms; (Please check all that apply). Called family doctor/ GP, visited family doctor/s /GP office, visited community/public health clinic, been admitted to hospital etc. Actions before symptoms Before these symptoms, had you been in close contact with anyone who either: (A) had any of those symptoms fiever, new or worsening cough, headache, chills, weakness, muscle pain, stuffy nose/congestion, sore throat, difficulty breathing/shortness of breath, nausea, diarrhea, fatigue, loss of smell or taste, confusion, vomiting]; OR (B) was diagnosed positive for COVID-19 within 14 days before you felt sick? Isolation before symptoms Did you isolate, or stay away from your workplace or educational facility?		Perceived protection 1	I believe a COVID-19 Vaccine will protect me from	
Effectiveness I am concerned about the effectiveness of the COVID-19 vaccination. Safety I am concerned about the safety of the COVID-19 vaccination. Subjective norm 1 Most of the people I know are getting or have received the COVID-19 vaccina. Subjective norm 2 Most of the people who are important to me (my family, relatives and/or friends) think I should get the COVID-19 vaccine. Access If I choose to get the COVID-19 vaccine, I believe it will be easy to get it. Intention I plan to get the COVID-19 vaccine. COVID-19 testing and results, symptoms, and health behaviours Yes COVID symptoms Since, January 2020, have you had any of the following symptoms? Check all that apply: headache, fever, stuffy nose/congestion, loss of smell or taste, new or worsening cough, difficulty breathing/shortness of breath, confusion, vomiting, chills, weakness, muscle pain, fatigue, nausea, diarrhea Date of first symptoms When did your first symptom start? (date) Action following symptoms Have you done any of the following for these symptoms? (Please check all that apply). Called family doctor? GP, visited family doctor? s/GP office, visited community/public health clinic, been admitted to hospital etc. Actions before symptoms Before these symptoms, had you been in close contact with anyone who either: (A) had any of those symptoms [Fever, new or worsening cough, headache, chills, weakness, muscle pain, stuffy nose/congestion, sore throat, difficulty breathing/shortness of breath, nausea, diarrhea, fatigue, loss of smell or taste, confusion, vomiting]; OR (B) was diagnosed positive for COVID-19 within 14 days before you felt sick? Isolation before symptoms Did you isolate, or stay away from your workplace or educational facility? COVID-19 test Have you been tested for COVID-19?		Perceived protection 2	chance of getting seriously ill from COVID-19.	
Safety		Trust	I do not trust the COVID-19 vaccine.	
Vaccination.		Effectiveness		
Subjective norm 2 Most of the people who are important to me (my family, relatives and/or friends) think I should get the COVID-19 vaccine.		Safety		
family, relatives and/or friends) think I should get the COVID-19 vaccine. Access If I choose to get the COVID-19 vaccine, I believe it will be easy to get it. Intention I plan to get the COVID-19 vaccine. COVID-19 testing and results, symptoms, and health behaviours Yes COVID symptoms Since, January 2020, have you had any of the following symptoms? Check all that apply: headache, fever, stuffy nose/congestion, loss of smell or taste, new or worsening cough, difficulty breathing/shortness of breath, confusion, vomiting, chills, weakness, muscle pain, fatigue, nausea, diarrhea Date of first symptoms When did your first symptom start? (date) Have you done any of the following for these symptoms? (Please check all that apply). Called family doctor? GP, visited family doctor's /GP office, visited community/public health clinic, been admitted to hospital etc. Actions before symptoms Before these symptoms, had you been in close contact with anyone who either: (A) had any of those symptoms [fever, new or worsening cough, headache, chills, weakness, muscle pain, stuffy nose/congestion, sore throat, difficulty breathing/shortness of breath, nausea, diarrhea, fatigue, loss of smell or taste, confusion, vomiting]; OR (B) was diagnosed positive for COVID-19 within 14 days before you felt sick? Isolation before symptoms Oid you isolate, or stay away from your workplace or educational facility? COVID-19 test Have you been tested for COVID-19?		Subjective norm 1	received the COVID-19 vaccine.	
Intention		Subjective norm 2	family, relatives and/or friends) think I should get the COVID-19 vaccine.	
COVID-19 testing and results, symptoms, and health behaviours COVID symptoms Since, January 2020, have you had any of the following symptoms? Check all that apply: headache, fever, stuffy nose/congestion, loss of smell or taste, new or worsening cough, difficulty breathing/shortness of breath, confusion, vomiting, chills, weakness, muscle pain, fatigue, nausea, diarrhea Date of first symptoms When did your first symptom start? (date) Action following symptoms Have you done any of the following for these symptoms? (Please check all that apply). Called family doctor/ GP, visited family doctor/s /GP office, visited community/public health clinic, been admitted to hospital etc. Actions before symptoms Before these symptoms, had you been in close contact with anyone who either: (A) had any of those symptoms [fever, new or worsening cough, headache, chills, weakness, muscle pain, stuffy nose/congestion, sore throat, difficulty breathing/shortness of breath, nausea, diarrhea, fatigue, loss of smell or taste, confusion, vomiting]; OR (B) was diagnosed positive for COVID-19 within 14 days before you felt sick? Did you isolate, or stay away from your workplace or educational facility? COVID-19 test Have you been tested for COVID-19?		Access	it will be easy to get it.	
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or educational facility? COVID-19 test Have you been tested for COVID-19?		Date of first symptoms	headache, fever, stuffy nose/congestion, loss of smell or taste, new or worsening cough, difficulty breathing/shortness of breath, confusion, vomiting, chills, weakness, muscle pain, fatigue, nausea, diarrhea When did your first symptom start? (date) Have you done any of the following for these symptoms? (Please check all that apply). Called family doctor/ GP, visited family doctor's /GP office, visited community/public health clinic, been	
		Date of first symptoms Action following symptoms	headache, fever, stuffy nose/congestion, loss of smell or taste, new or worsening cough, difficulty breathing/shortness of breath, confusion, vomiting, chills, weakness, muscle pain, fatigue, nausea, diarrhea When did your first symptom start? (date) Have you done any of the following for these symptoms? (Please check all that apply). Called family doctor/ GP, visited family doctor's /GP office, visited community/public health clinic, been admitted to hospital etc. Before these symptoms, had you been in close contact with anyone who either: (A) had any of those symptoms [fever, new or worsening cough, headache, chills, weakness, muscle pain, stuffy nose/congestion, sore throat, difficulty breathing/shortness of breath, nausea, diarrhea, fatigue, loss of smell or taste, confusion, vomiting]; OR (B) was diagnosed positive for COVID-19 within 14 days before you felt sick?	
Test results Did you test positive for COVID-19?		Date of first symptoms Action following symptoms Actions before symptoms	headache, fever, stuffy nose/congestion, loss of smell or taste, new or worsening cough, difficulty breathing/shortness of breath, confusion, vomiting, chills, weakness, muscle pain, fatigue, nausea, diarrhea When did your first symptom start? (date) Have you done any of the following for these symptoms? (Please check all that apply). Called family doctor/ GP, visited family doctor's /GP office, visited community/public health clinic, been admitted to hospital etc. Before these symptoms, had you been in close contact with anyone who either: (A) had any of those symptoms [fever, new or worsening cough, headache, chills, weakness, muscle pain, stuffy nose/congestion, sore throat, difficulty breathing/shortness of breath, nausea, diarrhea, fatigue, loss of smell or taste, confusion, vomiting]; OR (B) was diagnosed positive for COVID-19 within 14 days before you felt sick? Did you isolate, or stay away from your workplace or educational facility?	
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	Household symptoms	Has anyone in your household either: (A) had any	
		of the following symptoms: fever, new or	
		worsening cough, headache, chills, weakness,	
		muscle pain, stuffy nose/congestion, sore throat,	
		difficulty breathing/shortness of breath, nausea,	
		diarrhea, fatigue, loss of smell or taste, confusion,	
		vomiting; OR (B) tested positive for COVID-19	
		since January 2020?	
	First symptoms date	When did their first symptom start? If you don't	
		remember, please make your best guess.	
	Household isolation	Has anyone in your household been told to	
		quarantine, isolate, or limit time at their school or	
		workplace since January 2020 because: they were	
		sick or exposed to someone with COVID-19?	
	A 11	_	
	Adherence	Did they follow the advice and isolate, quarantine,	
		or stay	
		away from their workplace or educational facility?	
Activities and be	ehaviour in and outside of the home		Yes
	Movement out of home	How many times did you leave your home (or	
	1.10 venient out of nome	property, apartment) yesterday?	
	Place of movement	Where did you go when you left your home?	
	Place of movement		
		(Check all that apply) - Another person's home, a	
		workplace, a hospital, doctor's office etc.	
	Distance	What is the farthest distance that you went from	
		your home yesterday?	
	Means of transport	How did you travel when you left your home?	
		(Check all that apply) - Selected Choice - I only	
		walked (I did not use other transportation)	
	Face mask use		
		Did you use a face mask yesterday?	
	Face mask use location	Where did you use your face mask yesterday?	
		(Check all that	
		apply) - Selected Choice - Everywhere outside my	
		house	
	Mask use duration	Take your best guess for the total amount of time	
		you wore a mask yesterday (hours and minutes)?	
	Presence at home	In the last 3 hours, have you been in your home?	
	Handwashing	In the last 3 hours, have many times did you wash	
		your hands with soap?	
	Hand sanitizer	In the last 3 hours, how many times did you use	
		hand sanitizer?	
	Transport type	Yesterday, which type of public transportation did	
		you use? (Please check all that apply) - Selected	
		Choice - Airplane, bus, taxi etc	
	Tuonon out disposition		
	Transport duration	Yesterday, for about how long were you on public	
	DDE 1	transportation?	
	PPE use during transportation	Yesterday, did you wear any of the following while	
		on public transportation? (Please check all that	
		apply) - Selected Choice - A face mask or other	
		covering over your nose and mouth (e.g., face	
		shield, bandana), gloves, etc.	
	Travel outside Canada	Have you travelled outside Canada at all since Jan	
	Gatorae Gariada	2020? And if so, to where? - Selected Choice	
		2020; And it so, to where: - Selected Choice	
	T.	1	1

	re would like to ask you some questions beople you had in-person, face-to-face	
	with yesterday. By in-person, face-to-face	
contact	, we mean EITHER: A. An in-person two-	
	nversation with three or more words OR B.	
	ll skin-to-skin contact (for example, a	
	ake, hug, kiss, or contact sports). This	
	s family members, friends, co-workers,	
	you spoke to in shops, bus drivers, strangers, and people of ALL ages. Please do not count	
	you contacted only with things like	
	one, text, or online. How many people did	
-	ve in-person contact with between 5 am	
	ay and 5 am today?	
Contact identifier #1 to #10 Please	add a non-identifying "nickname" for each of	
	ople you had face-to-face or physical contact	
	g., DG, checkout person, bus driver, child	
	nis "nickname" will help you to answer	
questic	ns about this contact 1st person label	
Characteristics of contact #1 For the	people you "nicknamed" and had in-	
(gender, age, relationship to person	contact with between 5am yesterday and	
÷ ,	day I believe this person identifies as	
	te gender, age, relationship to you, location	
of cont	,	
	ce during contact, duration of contact,	
	prior to COVID-19, PPE use during this distance during contact)	
	id you had more than 10 in-person contacts.	
	did majority of these contacts take place?	
Occupational setting of 10+ You sa	id you had more than 10 in-person contacts.	
	of these best describes your	
	occupation or the other person's workplace	
	these contacts took place?	
	id you had more than 10 in-person contacts.	
	vas the age-group for most of these contacts eracted with?	
	id you had more than 10 in-person contacts.	
	ost of these contacts, about how long did	
	ontact last?	
Internet and social media use and other information		No
	how often do you use the internet?	
	ng about the social media sites that you use; now often do you visit or use each of the	
	now often do you west or use each of the	
	ng? - Facebook, Instagram, Twitter,	
	ng? - Facebook, Instagram, Twitter, at, YouTube	
Survey start date, survey end date, Survey	ng? - Facebook, Instagram, Twitter, at, YouTube start date, survey end date, IP address,	
Survey start date, survey end date, Survey IP address, survey duration, survey	ng? - Facebook, Instagram, Twitter, at, YouTube start date, survey end date, IP address, duration, response ID, recorded date,	
Survey start date, survey end date, IP address, survey duration, survey response ID, recorded date, respon	ng? - Facebook, Instagram, Twitter, at, YouTube start date, survey end date, IP address, duration, response ID, recorded date, dent's first and last name, location latitude,	
Survey start date, survey end date, IP address, survey duration, survey response ID, recorded date, respon	ng? - Facebook, Instagram, Twitter, at, YouTube start date, survey end date, IP address, duration, response ID, recorded date,	
Survey start date, survey end date, IP address, survey duration, survey response ID, recorded date, respondent's first and last name, location	ng? - Facebook, Instagram, Twitter, at, YouTube start date, survey end date, IP address, duration, response ID, recorded date, dent's first and last name, location latitude,	
Survey start date, survey end date, IP address, survey duration, response ID, recorded date, respondent's first and last name, location latitude, location	ng? - Facebook, Instagram, Twitter, at, YouTube start date, survey end date, IP address, duration, response ID, recorded date, dent's first and last name, location latitude,	Yes

	-
Health Authority	The health authority of respondent. This was
	derived using respondents postal code or location
	data.
Quebec material index	The material deprivation involves deprivation of the
	goods and conveniences that are part of modern
	life, such as adequate housing, possession of a car,
	access to high-speed internet, or a neighbourhood
	with recreational areas. This deprivation marks the
	consequences of lack of material resources
	associated with low education, insecure job
	situation and insufficient income (1,2).
Ousbag assist index	
Quebec social index	Social deprivation refers to a fragile social network,
	starting with the family and encompassing the community. It is characterized by individuals living
	alone, being a lone parent and being separated,
	divorced, or widowed (1,2).
Ethnocultural composition	Ethno-cultural composition refers to the
	community make-up of immigrant populations, and
	at the British Columbia-level takes into
	consideration factors such as the proportion of
	population who self-identify as visible minority, the
	proportion of population that is foreign-born, the
	proportion of population with no knowledge of
	either official language (linguistic isolation), and the
	proportion of population who are recent
	immigrants (arrived in five years prior to Census).
	(1)
Situational vulnerability	Situational vulnerability speaks to variations in
,	socio-demographic conditions in the areas of
	housing and education, while taking into account
	other demographic characteristics. The indicators in
	this dimension at the British Columbia-level
	measure concepts such as the proportion of
	population that identifies as Aboriginal, the
	proportion of population aged 25-64 without a high
	school diploma, the proportion of dwellings
	needing major repairs, the proportion of population
	that is low-income, and the proportion of single
	parent families (1).
Economic dopondopay	
Economic dependency	Economic dependency relates to reliance on the
	workforce, or a dependence on sources of income other than employment income. Indicators included
	in this dimension at the British Columbia-level
	measure concepts such as the proportion of population participating in labour force (aged 15
	and older), the proportion of population aged 65
	and older, the ratio of employment to population,
	and the dependency ratio (population aged 0-14 and
	aged 65 and older divided by population aged 15-
7 11 11 11	64)(1).
Residential instability	Residential instability speaks to the tendency of
	neighbourhood inhabitants to fluctuate over time,
	taking into consideration both housing and familial
	characteristics. The indicators in this dimension at
	the British Columbia-level measure concepts such
	as the proportion of dwellings that are apartment
	buildings, the proportion of persons living alone,

	the proportion of dwellings that are owned, and the proportion of the population who moved within the past five years (1).	

References

- Government of Canada SC. Canadian Index of Multiple Deprivation: Dataset [Internet]. 2019 [cited 2021 Jun 10]. Available from: https://www150.statcan.gc.ca/n1/pub/45-20-0001/452000012019002-eng.htm
- Bureau d'information et d'études En Santé Des Populations (BIESP). Deprivation Index [Internet]. INSPQ. 2019 [cited 2021 May 27]. Available from: https://www.inspq.qc.ca/en/deprivation/material-and-social-deprivation-index

S2 Table. Comparison of baseline eligible and ineligible participants, frequencies and proportions

		Eligible (n=41,375)			Ineligible (n=15, 702) ‡			
		Frequency	Percent (incl. missing)	Percent (excl. missing)	Frequency	Percent (incl. missing)	Percent (excl. missing)	
Sex								
	Male	6,823	16.5	16.5	1,697	10.8	18.6	
	Female	34,552	83.5	83.5	7,442	47.4	81.4	
	Missing	n/a	n/a	n/a	6,563	41.8	n/a	
Age								
	18-34	4,978	12.0	12.0	1,726	11.0	17.7	
	35-54	12,110	29.3	29.3	3,039	19.4	31.2	
	55+	24,287	58.7	58.7	4,981	31.7	51.1	
	Missing	n/a	n/a	n/a	5,956	37.9	n/a	
Race/ethnicity	T 1'	4 757	4.2	4.4		4.0	7.0	
	Indigenous	1,757	4.3	4.4	666	4.2	7.2	
	Chinese White	882 35,026	2.1 84.7	2.2 87.5	238	1.5 47.4	2.6 79.9	
	South Asian	606	1.5	1.5	7,439 315	2.0	3.4	
	Other	1,766	4.3	4.4	649	4.1	7.0	
	Missing/Unknown	1,338	3.2	n/a	6,395	40.7	n/a	
Health region	Wilsonig/ Clikilowii	1,550	3. 2	11/ a	0,575	10.7	11/ α	
ricattii regioni	Fraser Health	8,451	20.4	26.1	1,802	11.5	31.0	
	Interior Health	6,143	14.8	19.0	1,061	6.8	18.3	
	Northern Island	1,825	4.4	5.6	312	2.0	5.4	
	Vancouver Coastal	7,315	17.7	22.6	1,329	8.5	22.9	
	Vancouver Island	8,640	20.9	26.7	1,300	8.3	22.4	
	Missing	9,001	21.8	n/a	9,898	63.0	n/a	
Education								
	Below high school	807	2.0	2.5	41	0.3	7.1	
	Below bachelor	16,928	40.9	51.7	245	1.6	42.5	
	University degree	15,029	36.3	45.9	290	1.8	50.3	
	Missing/Unknown	8,611	20.8	n/a	15,126	96.3	n/a	
Employment status								
Jucao	Employed full-time (30 hours or more/week)	10,654	25.7	32.0	210	1.2	31.6	
	Employed part-time	2,993	7.2	9.0	75	0.4	11.3	
	Self-employed	2,704	6.5	8.1	64	0.4	9.6	

BMJ Open

	Unemployed but looking for a job	952	2.3	2.9	24	0.1	3.6
	Unemployed and not looking for a job	406	1.0	1.2	10	0.1	1.5
	Full-time parent, homemaker	879	2.1	2.6	10	0.1	1.5
	Retired	12,757	30.8	38.3	87	0.5	13.1
	Student/Pupil	566	1.4	1.7	67	0.4	10.1
	Long-term sick or disabled	968	2.3	2.9	31	0.2	4.7
	Prefer not to answer	424	1.0	1.3	87	0.5	13.1
	Missing/Unknown	8,072	19.5	n/a	15,037	84.8	n/a
Quebec Material Deprivation Index							
	1 (Privileged)	6,407	15.5	22.3	690	4.4	13.8
	2	6,475	15.6	22.5	1,041	6.6	20.9
	3	6,972	16.9	24.2	1,538	9.8	30.8
	4	4,822	11.7	16.8	751	4.8	15.1
	5 (Deprived)	4,085	9.9	14.2	969	6.2	19.4
Quebec Social Deprivation Index	Missing	12,614	30.5	n/a	10,713	68.2	n/a
maca	1 (Privileged)	4,932	11.9	17.2	1,018	6.5	20.4
	2	4,756	11.5	16.5	696	4.4	14.0
	3	6,311	15.3	21.9	1,275	8.1	25.6
	4	5,932	14.3	20.6	897	5.7	18.0
	5 (Deprived)	6,830	16.5	23.8	1,103	7.0	22.1
	Missing	12,614	30.5	n/a	10,713	68.2	n/a
Follow up consent							
	Yes	20,633	49.9	63.8	245	1.6	39.6
	No	11,689	28.3	36.2	373	2.4	60.4
	Missing	9,053	21.9	n/a	15,084	96.1	n/a
Data linkage consent							
	Yes	7,290	17.6	27.3	95	0.6	17.3
	No	19,467	47.1	72.8	454	2.9	82.7
	Missing	14,618	35.3	n/a	15,153	96.5	n/a

[‡]Does not include 4,106 duplicates

Supplemental material

	Follow up#1 (n=10,993)	Follow up #2 (n=8,164)	Follow up #3 (n=6,375)	Follow up #4 (n=4,981)	Follow up #5 (n=3,891)	Follow up #6 (n=3,184)	Follow up #7 (n=2,417)	Follow up #8 (n=1,760)
	(11–10,773)	(11-0,104)	(11-0,373)	(11-4,761)	(11-3,671)	(11-3,104)	(11-2,417)	(11-1,700)
Complete responses	10619 (96.6)	7935 (97.2)	6265 (98.3)	4906 (98.5)	3836 (98.6)	3137 (98.5)	2397(99.2)	1733 (98.5)
Sex								
Male	1590 (14.5)	1115 (13.7)	843 (13.2)	646 (13.0)	495 (12.7)	404 (12.17)	312 (12.9)	217 (12.3)
Female	9403 (85.5)	7049 (86.3)	5532 (86.8)	4335 (87.0)	3396 (87.3)	2780 (87.3)	2105 (87.1)	1543 (87.7)
Age								
18-34	1128 (10.3)	731 (9.0)	497 (7.8)	363 (7.3)	257 (6.6)	199 (6.3)	152 (6.3)	109 (6.2)
35-54	3013 (27.4)	2105 (25.8)	1533 (24.1)	1127 (22.6)	846 (21.7)	662 (20.8)	495 (20.5)	343 (19.5)
55+	6852 (62.3)	5328 (65.3)	4345 (68.2)	3491 (70.1)	2788 (71.7)	2323 (73.0)	1770 (73.2)	1308 (74.3)
Race/ethnicity								
Indigenous	342 (3.1)	229 (2.8)	162 (2.5)	130 (2.6)	91 (2.3)	71 (2.2)	54 (2.2)	38 (2.2)
Chinese	199 (1.8)	124 (1.5)	98 (1.5)	66 (1.3)	48 (1.2)	39 (1.2)	25 (1.0)	16 (0.9)
White	9870 (89.8)	7415 (90.8)	5833 (91.5)	4586 (92.1)	3602 (92.6)	2959 (92.9)	2254 (93.3)	1642 (93.3)
South Asian	79 (0.7)	39 (0.5)	30 (0.5)	20 (0.4)	15 (0.4)	14 (0.4)	12 (0.5)	12 (0.7)
Other	316 (2.9)	229 (2.8)	154 (2.4)	108 (2.2)	86 (2.2)	63 (2.0)	45 (1.9)	35 (2.0)
Missing/Unknown	187(1.7)	128 (1.6)	98 (1.5)	71 (1.4)	49 (1.3)	38 (1.2)	27 (1.1)	17 (1.0)
Health region								
Fraser Health	2748 (25.0)	2039 (25.0)	1590 (24.9)	1243 (25.0)	964 (24.8)	792 (24.9)	613 (25.4)	462 (26.3)
Interior Health	1926 (17.5)	1435 (17.6)	1156 (18.1)	907 (18.2)	703 (18.1)	579 (18.2)	432 (17.9)	317 (18.0)
Northern Island	506 (4.6)	374 (4.6)	280 (4.4)	212 (4.3)	162 (4.2)	116 (3.4)	88 (3.6)	63 (3.6)
Vancouver Coastal	2706 (24.6)	1992 (24.4)	1540 (24.2)	1178 (23.7)	932 (24.0)	758 (23.8)	577 (23.9)	403 (22.9)
Vancouver Island	3059 (27.8)	2303 (28.2)	1794 (28.1)	1430 (28.7)	1122 (28.8)	934 (29.3)	703 (29.1)	513 (29.2)
Missing/Unknown	48 (0.4)	21 (0.3)	15 (0.2)	11 (0.2)	8 (0.2)	5 (0.2)	4 (0.2)	2 (0.1)
Education								
Below high school	173 (1.5)	123 (1.5)	89 (1.4)	68 (1.4)	51 (1.3)	37 (1.2)	26 (1.1)	16 (0.9)
Below bachelor	5236 (47.6)	3835 (47.0)	2979 (46.7)	2303 (46.2)	1771 (45.5)	1453 (45.6)	1108 (45.8)	802 (45.6)

	Follow up#1 (n=10,993)	Follow up #2 (n=8,164)	Follow up #3 (n=6,375)	Follow up #4 (n=4,981)	Follow up #5 (n=3,891)	Follow up #6 (n=3,184)	Follow up #7 (n=2,417)	Follow up #8 (n=1,760)
University degree	5529 (50.3)	4169 (51.1)	3283 (51.5)	2594 (52.1)	2057 (52.9)	1683 (52.9)	1278 (52.9)	939 (53.4)
Missing/Unknown	55 (0.5)	37 (0.5)	24 (0.4)	16 (0.3)	12 (0.3)	11 (0.4)	5 (0.2)	31 (0.2)
Quebec Material Dep	rivation Index							
1 (Privileged)	1547 (14.1)	1072 (13.75)	896 (14.1)	720 (14.5)	569 (14.6)	435 (13.7)	344 (14.2)	253 (14.4)
2	2078 (18.9)	1547 (19.0)	1198 (18.8)	1008 (20.2)	806 (20.7)	665 (20.9)	500 (20.7)	366 (20.8)
3	2994 (27.3)	2184 (26.8)	1674 (26.3)	1273 (25.6)	973 (25.0)	835 (26.2)	642 (26.6)	450 (25.6)
4	1277 (11.6)	942 (11.64)	748 (11.7)	580 (11.6)	475 (12.2)	379 (11.9)	285 (11.8)	215 (12.2)
5 (Deprived)	1668 (15.2)	1290 (15.8)	1033 (16.2)	728 (15.7)	609 (15.7)	504 (15.8)	375 (15.5)	278 (15.8)
Missing	1429 (13.0)	1069 (13.1)	826 (13.0)	616 (12.4)	459 (11.8)	366 (11.5)	271 (11.2)	198 (11.3)
Quebec Social Depriv	ation Index							
1 (Privileged)	2188 (19.9)	1641 (20.1)	1286 (20.2)	1063 (21.3)	830 (20.3)	658 (20.7)	509 (21.1)	368 (20.9)
2	1441 (13.1)	1051 (12.9)	787 (12.4)	603 (12.1)	480 (12.3)	411 (12.9)	314 (13.0)	225 (12.8)
3	2478 (22.5)	1831 (22.4)	1480 (23.2)	1148 (23.1)	922 (23.7)	769 (24.2)	574 (23.8)	419 (23.8)
4	1601 (14.6)	1236 (15.1)	945 (14.8)	743 (14.9)	578 (14.9)	488 (15.3)	370 (15.3)	290 (16.5)
5 (Deprived)	1856 (16.9)	1336 (16.4)	1051 (16.5)	808 (16.2)	622 (16.0)	392 (15.5)	379 (15.7)	260 (14.8)
Missing/Unknown	1429 (13)	1069 (13.1)	826 (13.0)	616 (12.4)	459 (11.8)	492 (11.5)	271 (11.2)	198 (11.3)
Follow up consent								
Yes	10357 (94.2)	7793 (95.5)	6182 (97.0)	4857 (97.5)	3789 (97.4)	3106 (97.6)	2380 (98.5)	1714 (97.4)
No	262 (2.4)	142 (1.7)	83 (1.3)	49 (1.0)	47 (1.2)	31 (1.0)	17 (0.7)	19 (1.1)
Missing	374 (3.4)	229 (2.8)	110 (1.7)	75 (1.5)	55 (1.4)	47 (1.5)	20 (0.8)	27 (1.5)

S3 Table. Participant profile of BC-Mix follow up surveys: frequencies and proportions (%) [continued]

		Follow up#9	Follow up #10
		(n=1,200)	(n=488)
Complete responses		1,178 (98.2)	483 (99.0)
Sex			
	Male	136 (11.3)	54 (11.1)
	Female	1064 (88.7)	434 (88.9)
Age			
	18-34	70 (5.8)	30 (6.2)
	35-54	226 (18.8)	87 (17.8)
	55+	904 (75.3)	371 (76.0)
Race/ethnicity			
	Aboriginal	49 (4.1)	18 (3.7)
	Chinese	12 (1.0)	8 (1.6)
	Not a visible minority (White) South Asian	1117 (93.1) 8 (0.7)	453 (92.8) 3 (0.6)
	Other	0 (0)	0 (0)
	Missing/Unknown	14 (1.2)	6 (1.2)
Health region			
	Interior Health	223 (18.6)	88 (18.0)
	Fraser Health	319 (26.6)	129 (26.4)
	Vancouver Coastal	268 (22.3)	106 (21.7)
	Vancouver Island	355 (29.6)	152 (31.2)
	Northern Island	33 (2.7)	12 (2.5)
	Missing/Unknown	2 (0.2)	1 (0.2)
Education			
	Below high school	7 (0.6)	3 (0.6)

	Below bachelor	549 (45.7)	205 (42.0)
	University degree	643 (53.6)	279 (57.2)
	Missing/Unknown	1 (0.1)	1 (0.2)
Quebec Material Deprivation Index			
	1 (Privileged)	166 (13.8)	71 (14.6)
	2	257 (21.4)	94 (19.3)
	3	296 (24.7)	125 (25.6)
	4	142 (11.8)	50 (10.3)
	5 (Deprived)	192 (16.0)	85 (17.4)
	Missing	147 (12.3)	63 (12.9)
Quebec Social Deprivation Index			
	1 (Privileged)	253 (21.1)	88 (12.9)
	2	165 (13.8)	63 (12.9)
	3	276 (23.0)	123 (25.2)
	4	192 (16.0)	80 (16.4)
	5 (Deprived)	167 (13.9)	71 (14.6)
	Missing	147 (12.2)	63 (12.9)
Follow up consent			
	Yes	1170 (97.5)	475 (97.3)
	No	8 (0.7)	8 (1.6)
	Missing	22 (1.8)	5 (1.0)

S4 Table. BC-Mix eligible sample (baseline) by month recruited

Month	Number of eligible (n=41,375)	% of sample
September, 2020	6,488	15.68
October, 2020	3,516	8.5
November, 2020	1,653	4
December, 2020	3,335	8.1
January, 2021	2,460	6
February, 2021	994	2.4
March, 2021	1,353	3.3
April, 2021	2,507	6.1
May, 2021	4,696	11.4
June, 2021	8,238	19.9
July, 2021	6,135	14.8

S5 Table. Comparison of participant eligibility across survey rounds

	Baseline survey	Follow up#1	Follow up #2	Follow up #3	Follow up #4	Follow up #5	Follow up#6	Follow up#7	Follow up#8	Follow up#9	Follow up#10
Total											
(eligible+ineligble)	57,077	11,677	8,624	6,657	5,173	4,037	3,309	2,503	1,815	1,234	513
Eligible	41,375	10,993	8,164	6,375	4,981	3,891	3,184	2,417	1,760	1,200	488
% eligible	72.5	94.1	94.7	95.8	96.3	96.4	96.2	96.6	97.0	97.2	95.1

Supplemental material

		Survey			
		Un- weighted frequency	Un-weighted %	Weighted frequency	Weighted %
Sex					
	Male	5,362	15.9	16680	49.4
	Female	28, 288	84.1	17058	50.6
	Missing				
Age					
	18-34	3,957	11.8	9,063	26.9
	35-54	9,674	28.8	11,111	32.9
	55+	20,019	59.5	13564	40.2
Race/ethnicity					
	Indigenous	1,394	4.1	1,718	5.1
	Chinese	711	2.1	3,601	10.7
	White	28,728	85.4	21,216	62.9
	South Asian	405	1.2	2,478	7.3
	Other	1,385	4.1	3,429	10.2
	Missing/Unknown	1,027	3.1	1300	3.9
Health region					
	Fraser Health	8038	26.1	11327	33.6
	Interior Health	5,806	118.9	5023	14.9
	Northern Island	1735	5.6	1732	5.1

-		Survey			
		Un- weighted frequency	Un-weighted %	Weighted frequency	Weighted %
	Vancouver Coastal	6993	22.7	7739	22.9
	Vancouver Island	8234	26.7	5308	15.7
	Missing/Unknown	2844	n/a	2610	7.7
Education					
	Below high school	807	2.4	1,096	3.2
	Below bachelor	16,928	50.3	15,176	45.0
	University degree	15,029	44.7	16,273	48.2
	Missing/Unknown	886	2.6	1,193	3.1
Employment status					
	Employed full-time (30 hours or more/week)	10,654	32.0	1308	40.8
	Employed part-time	2,993	9.0	3,131	9.4
	Self-employed	2,704	8.1	3,013	9.0
	Unemployed but looking for a job	952	2.9	1,522	4.6
	Unemployed and not looking for a job	406	1.2	511	1.5
	Full-time parent, homemaker	879	2.6	740	2.2
	Retired	12,757	38.3	8,096	24.3
	Student/Pupil	566	1.7	1,197	3.6

		Survey			
		Un- weighted frequency	Un-weighted %	Weighted frequency	Weighted %
	Long-term sick or disabled	968	2.9	914	2.7
	Prefer not to answer	424	1.3	620	1.9
	Missing/Unknown	347	n/a	n/a	n/a
Material Deprivation Index					
	1 (Privileged)	6,219	22.8	6,106	22.1
	2	6,199	22.6	5,850	21.1
	3	6,565	24.0	5935	21.4
	4	4,616	16.8	5,179	18.7
	5 (Deprived)	3,810	13.9	4,612	16.7
	Missing	6,241	n/a	n/a	n/a
Follow up consent					
	Yes	20,633	68.8	19,051	58.9
	No	11,689	36.1	13,275	41.1
	Missing	1,328	n/a	n/a	n/a
Data linkage consent					
	Yes	7,290	27.3	7,318	20.4
	No	19,467	72.8	20,362	73.6
	Missing	6,893	n/a	n/a	n/a

Supplemental material

		100% comp	oletion (n=26, 757)	< 100% comple	tion (n=14,618)
		Un- weighted Frequency	Un-weighted %	Un-weighted Frequency	Un-weighted %
Sex					
	Male	4,4 07	16.5	2,416	16.5
	Female	22,350	83.5	12,202	83.5
Age					
	18-34	3,383	12.6	1,595	10.9
	35-54	8,056	30.1	4,054	27.7
	55+	15,318	57.3	8,969	61.4
Race/ethnicity					
	Indigenous	1,072	4.1	685	4.7
	Chinese	627	2.3	255	1.7
	White	22,842	85.4	12,184	83.4
	South Asian	305	1.1	301	2.1
	Other	1,123	4.2	643	4.4
	Missing/Unknown	788	3.0	550	3.8
Health region					
	Fraser Health	6,928	26.1	1,523	26.3
	Interior Health	4,923	18.5	1,220	21.1
	Northern Island	1,465	5.5	360	6.2
	Vancouver Coastal	6,175	23.2	1,140	19.7
	Vancouver Island	7,095	26.7	1,545	26.7

	Missing/Unknown	171	n/a	8,830	n/a
Education					
	Below high school	585	2.2	222	1.5
	Below bachelor	13,155	49.2	3,773	25.8
	University degree	12,634	47.2	2,395	16.4
	Missing/Unknown	383	1.4	8,228	56.3
Follow up consent					
	Yes	16,404	61.3	4,229	76.0
	No	10,353	38.7	1,336	24.0
	Missing	n/a	n/a	9,053	n/a