

Appendix 2. Number and percentage of individuals aged ≥ 65 years with polypharmacy, excessive polypharmacy and PIP in the study years

	1997	2002	2007	2012
N	78489	121726	129162	133884
Polypharmacy^a	13981 (17.8%)	37654 (30.9%)	64265 (49.8%)	80865 (60.4%)
Excessive polypharmacy^b	1205 (1.5%)	6589 (5.4%)	18521 (14.3%)	29349 (21.9%)
Any PIP	25598 (32.6%)	34786 (28.6%)	42416 (32.8%)	49904 (37.3%)
1 PIP	18920 (24.1%)	26122 (21.5%)	32046 (24.8%)	36985 (27.6%)
2 PIP	5219 (6.6%)	6746 (5.5%)	8063 (6.2%)	9801 (7.3%)
≥ 3 PIP	1459 (1.9%)	1918 (1.6%)	2307 (1.8%)	3118 (2.3%)

Abbreviation: *PIP* potentially inappropriate prescribing

^a Polypharmacy defined as 5 or more regular medicines.

^b Excessive polypharmacy defined as 10 or more regular medicines.